

Jeffrey B Van Meter, PsyD, is the Clinical Supervisor of Ready To Focus. After achieving a Bachelor of Science degree in Industrial Engineering from Purdue University, Dr. Van Meter began working at Accenture as a business consultant. In 1992, he returned to school to study psychology, and its integration with theology, at Wheaton College. He completed his degrees in 2000, including a Master of Arts in Theology and a Doctor of Psychology. In 2001, he founded Legacy Clinical Consultants to provide comprehensive psychological services to businesses, families and individuals in the Chicago area. In addition to traditional therapy services, Legacy provides businesses and organizations of all types with a variety of assessment tools and execution strategies to improve performance, productivity and morale.

After partnering with Ready To Focus in 2010, Dr. Van Meter implemented office based neurofeedback programs at multiple locations in the Southwest Chicago suburb area as well as training numerous staff members in his psychology practice in neurofeedback. Dr. Van Meter provides neurofeedback as a specialist in the Southwest Chicago suburbs at multiple office locations and in the home based program.

Previous work for Dr. Van Meter includes staff positions with Cypress River Leadership Development, The Lead Life Institute, and Linden Oaks Hospital. He also maintains affiliations with Central DuPage Hospital, Alexian Brothers Behavioral Health Hospital, as well as Linden Oaks Hospital in the Chicago suburbs.

Dr. Van Meter has made presentations on neurofeedback as a treatment intervention to schools, businesses, employee assistance programs and the general public in the Chicago area as well as to professional athletes seeking to improve their focus and concentration.

Currently, Dr. Van Meter works with clients in the office and home based program at Ready To Focus, acting as supervisor for all clinical programs at the organization. Ready To Focus currently has offices in West Michigan and the Southwest Chicago suburbs, and has provided home based neurofeedback services in 13 US States and 9 different countries.